

Community Health

P.O. Box 749, 66 Morrisville Plaza, Morrisville VT 05661

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(Left) Heidi Hemingway, CRASH administrator.
(Right) Susan Zumberge, CRASH course evaluator

program has a new evaluator.

Lamoille County has a new CRASH course evaluator. Susan Zumberge, MSW, LICSW, LADC, has replaced Tammie Lowell, who retired in September. Zumberge is a full time psychotherapist at Behavior Health & Wellness Center.

“One of the appealing aspects of working for CHSLV is the opportunity for growth,” Zumberge says. “This is an opportunity for me to learn more about the CRASH program and a good way to collaborate with other evaluators in the state and gain more experience as a substance abuse counselor.”

Anyone who has incurred a DUI (driving under the influence) offence is required to take a minimum of four

Project CRASH classes. The program provides information to help an individual understand clearly how alcohol and other drugs affect behavior and driving skills, so that he or she can prevent trouble in the future. Once individuals are enrolled in a CRASH program, they meet with Zumberge, who performs a clinical evaluation and, based on her professional judgment, may recommend treatment. She meets with participants again after CRASH, and any necessary treatment, for an exit, to determine if their risk level has diminished and they’ve completed requirements.

Zumberge works closely with CRASH Administrator Heidi Hemingway to create a smooth

process for people taking the CRASH course. “While they acknowledge the seriousness of their offence, they can feel embarrassed, anxious, confused, and overwhelmed,” says Zumberge. “It is a horrible experience, but can be a catalyst to make personal life changes and move forward. For some, going through the four-session program is all they need to address their issues, make changes, and move on.”

Zumberge says one of their objectives with the program is to reduce the rate of repeat offenders. “I feel grateful for Tammie’s guidance and patience and I look forward to working with Heidi toward creating a supportive experience for participants.”

Our new medical social workers



Stephanie Borts, MSW



Ceili Quigley, MSW

CHSLV has two new medical social workers. Stephanie Borts, MSW, works at Morrisville Family Health Care, and Ceili Quigley, MSW, works at Stowe Family Practice. They are part of the Community Health Team (CHT), which is funded through Vermont Blueprint for Health, a state-led, nationally-recognized initiative to help health care providers meet the social and medical needs of their communities. The CHT offers free services to CHSLV patients, such as care coordination, substance abuse treatment support, and health coaching, as well as connecting patients with various community resources and supports.

Medical social workers are responsible for providing case management, care coordination, and transitional care interventions. They also help with community resource referrals for patients, such as housing, food, and

affordable medications and health care. They work with patients and the entire care team, including nurses, dietitian, physician assistants, and doctors, to set realistic and achievable goals.

Stephanie Borts, MSW, was born and raised in Montreal and moved to Burlington two years ago. She has a bachelor's degree in child studies from Concordia University and a master's of social work from the University of Vermont. Her past experience is diverse, but her passion is medical social work, especially gerontology and end-of-life care. Her master's of social work field placements were at Mosaic Learning Center in South Burlington, an alternative school for students with developmental disabilities, and The Arbors at Shelburne, a memory care residence. She loves being able to work with a variety of people and their families and looks forward to meeting Morrisville Family Health Care patients.

Quigley grew up in California and has been living in Vermont for the last seven years. She received her undergraduate and graduate degrees in social work at the University of Vermont. Prior to coming to Vermont she received a degree in psychology while living in New Jersey. Quigley has worked in many different fields of social work, including crisis, substance abuse, aging, and developmental services, but her primary interest has been medical social work. Her master's of social work field placement was split between radiation oncology and the emergency department at the University of Vermont Medical Center.

Quigley started part time with CHSLV in March, while she was still in graduate school, because she did not want to miss out on a great opportunity to work with an amazing team. In June she started full time at Stowe Family Practice.