

We are here to help you

Behavioral Health & Wellness Center provides a safe and welcoming environment for nurturing the emotional & psychological health of the members of our community.

We offer full mental health & substance abuse services. Minimal to no waitlist for all services.

Our licensed professionals, including Psychiatrist, Clinical Psychologists, Clinical Social Workers, work closely with our patients to develop the necessary self-directed skills to promote and enhance the healing process and to encourage continual growth towards personal goals.

Call to find out
how we can help you today!

802.888.8320

**or visit our website:
www.chslv.org**



**Providing hope
and skills to
cope with
life's challenges**



**BEHAVIORAL HEALTH
& WELLNESS CENTERSM**

We're Neighbors taking care of Neighbors

Part of the Community Health Services of Lamoille Valley.

We are a Federally Qualified Health Center (FQHC) in Lamoille County, which allows us to work individually with each of our patients to make sure you receive exactly the high quality care you need when you need it, regardless of your ability to pay.

**530 Washington Hwy., Suite 10
Morrisville, VT 05661
Phone: 802.888.8320
Fax: 802.888.8136**

www.chslv.org

We're Neighbors taking care of Neighbors

**Regular business hours:
Monday-Friday 8:00am- 5:00pm**

Phone: 802.888.8320

Groups We Offer

Helping Women Recover

For Women recovering from chemical dependency & psychological trauma -
Elizaveta Matiach MS,LPM,CADC

You & Your Child

Discussion group for parents who have difficulty with their child's behavior -
Brenda Christie MSW, MS, and LICSW

Anger Management

Discuss prevention, containment and resolution of anger -
Tammie Lowell LCMCH, LADC
& Sue Zumberge LICSW

Mood Disorder Group

For men & women struggling with Bipolar, Anxiety, Depression or other related issues -
Margot Prendergast MSW, LICSW
& Mary O'Toole BA, ASAC

Substance Abuse Recovery Group

Linda Lybarger MA, LADC

Wellness Group

Monthly topics around physical & mental health -
Tammie Lowell LCMCH, LADC

Skills For Sober Living

Learn how to live life without substances -
Sue Zumberge LICSW
& Mary O'Toole BA, ASAC

*Please call for days & times
& to schedule your appointment:*

802.888.8320

Our Services Include...

- Family therapy
- Working with adolescents and children
- Substance abuse treatment (including assessments, CRASH)
- Medication management for both children and adults
- Couples counseling
- Case management and liaison with schools and community agencies on behalf of our clients.
- Individual therapy. We cover a range of diagnoses, including, but not limited to:
 - PTSD
 - Bipolar disorder
 - OCD
 - ADHD
 - Depression
 - Anxiety
 - Substance abuse
 - Stress management
 - Family and work issues
 - Divorce
 - Other mental health and wellness issues.

Give us a call today. We look forward to getting to know you.



Save up to 90%

on your medical bills

Community Health Services of Lamoille Valley (CHSLV) strives to provide quality health care services regardless of a patient's ability to pay.

We are willing and eager to work with our patients to make sure medical bills don't lead to hardship.

Please ask us about our sliding fee.

No prescription drug insurance?

Community Health Pharmacy offers a full range of prescription medication and a number of Over the Counter (OTC) medications for all patients.

Significant discounts are available for the uninsured.

Please ask us for more information and how to get started.

More information on all of our services at www.chslv.org.