

APPLESEED PEDIATRICS®



Appleseed Pediatrics is conveniently located in Morrisville and Stowe. To schedule an appointment or for urgent visits call 802-888-7337 (PEDS).

Locations:

Stowe Family Practice
1878 Mountain Road, Stowe
Monday, Tuesday and Thursday

Morrisville Family Health Care
607 Washington Highway, Morrisville
Wednesdays, and Fridays

Office Hours 8am-4pm
Monday through Friday



PEDIATRIC CARE
AS INDIVIDUAL
AS YOUR CHILD

From the minute babies are born they are growing, developing, and changing, from infants to toddlers to adolescents. At each stage of growth they have unique medical needs. Appleseed Pediatrics provides specialized, comprehensive health care that supports children's physical and mental wellness in all stages of childhood.





WELL CARE

Regular health supervision is the best way to monitor growth and development through all stages of a child's life. These visits are an opportunity to discuss habits, lifestyle, and anything that might impact a child's long-term health.

We recommend the American Academy of Pediatrics' schedule of health supervision visits: 3 to 5 days, by 1 month, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months, 24 months, 30 months, 3 years, 4 years, and yearly through adulthood.

SICK CARE

Don't hesitate to call if your child is sick or injured! We are available for consultation during working hours, and an on-call doctor is available at all other times. We can advise you on home care and arrange appropriate follow up. We will help you decide when to go to the emergency department and which hospital is appropriate. For non-emergencies, we believe patients get the best care from doctors who know them well, and we will arrange for an office visit.

To contact the on-call doctor when the office is closed dial the regular office number. If you do not receive a response in 20-30 minutes, please try again. In case of accidental ingestion, call poison control directly at 1-800-222-1222.



CAR SEAT

According to Safe Kids Worldwide, four out of five child seats are installed incorrectly. Appleaseed Pediatrics can advise you on car seat choices and installation. We encourage you to have your car seat inspected when you change car seats or cars to ensure it is installed as safely as possible. Please call to schedule an appointment for a complimentary car seat inspection.

ADOLESCENT CARE

Adolescence is the time to develop independence in the doctor's office as well as many other aspects of life. Allowing your teen the space to freely and confidentially discuss health concerns with a doctor during regular health supervision visits ensures that important health issues will not be overlooked. This also helps create confidence in teens' abilities to handle their own healthcare as they transition into adulthood.

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REACH OUT AND READ

Reading to your children is important for their cognitive and language development. We participate in Reach out and Read, a national non-profit that provides books to children during well visits from 6 months to 5 years of age.

EXPECTING PARENTS

Finding the right pediatrician to help you care for your child is an important decision. To learn more about Appleaseed Pediatrics, call our office any time. We will answer your questions over the phone or schedule an appointment for a prenatal visit. This appointment is complimentary, and is a nice, informal way to meet our staff and tour the office.

